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4. Trip to Art Institute to study Greek sculpture (4)
5. Trip to Pushman's Rug Store (6)
6. Trip to the Chicago River (3)
7. Trip to the sand dunes (4)
8. Trip to Whiting—oil (H. S.)
9. Trip to a farm
10. Trip to Northwestern Terra-Cotta Works (5)
11. Trip to a steel mill (6)
12. Trip to pottery at Dundee
13. Trip to a book bindery (7)
14. Trip to Stony Island Quarry (8)
15. Trip to swamp at Clark Junction

#### PHYSICAL TRAINING

1. First-grade singing games (1)
2. Folk dances (German, Swedish, Norwegian, Bohemian) (1-8, incl.)
3. Original dances (5)
4. Rubber-ball exercises—bouncing and tossing (H. S. girls)
5. Club swinging (H. S. girls)
6. Dumbbell (5, 6 boys)
7. Saber drill (H. S. boys)
8. Gymnastic stunts

#### MARCHES

MYRTLE CORNISH YORK

Marches are used for special morning exercises and are played either on the piano or by the school orchestra. The tempo is such that both the large and small people are able to walk in quickly. The following suggested list is drawn from our records of the past five years:

|                                       |                               |
|---------------------------------------|-------------------------------|
| Lenore .....                          | <i>Raff</i>                   |
| Tannhauser .....                      | <i>Wagner</i>                 |
| Flag March .....                      | <i>Holländer</i>              |
| Processional .....                    | <i>Ashton</i>                 |
| Five Marches .....                    | <i>Eleanor Smith</i>          |
| (Arranged for the Kindergarten)       |                               |
| Marche Romaine .....                  | <i>Gounod</i>                 |
| Polish Fatherland Song .....          | <i>Gade</i>                   |
| Christmas March .....                 | <i>Gade</i>                   |
| Military March .....                  | <i>Schubert</i>               |
| Pomp and Circumstance .....           | <i>Elgar</i>                  |
| When Johnny Comes Marching Home ..... |                               |
| Aïda .....                            | <i>Verdi</i>                  |
| Marches Célébrés .....                | <i>Lacome</i>                 |
| Festal March, Op. 80 .....            | <i>Calkin</i>                 |
| Marches .....                         | <i>Thomas Whitney Surette</i> |
| March Elegiaca, Op. 55, No. 11 .....  | <i>Heller</i>                 |
| March of the Priests .....            | <i>Mendelssohn</i>            |
| Coronation March .....                | <i>Meyerbeer</i>              |
| March Pontificale .....               | <i>Gounod</i>                 |
| Alla Marcia .....                     | <i>Nicolai Von Wilm</i>       |

|                                             |                      |
|---------------------------------------------|----------------------|
| Marche Héroïque .....                       | <i>Saint-Saens</i>   |
| Triumphal March from <i>Jorsalfar</i> ..... | <i>Grieg</i>         |
| March from Nutcracker Suite .....           | <i>Tschaikowsky</i>  |
| March from Capriccio, Op. 22 .....          | <i>Mendelssohn</i>   |
| March of Dwarfs .....                       | <i>Grieg</i>         |
| Country Gardens .....                       | <i>Percy Granger</i> |
| Children's March .....                      | <i>Percy Granger</i> |